



CYM-Wilmington's

# Dock Talk



Issue 76

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## HONOR AND REMEMBER



You might have seen a different flag flying recently at our marinas and may have wondered what it is all about. Here is a brief history on this flag and what it represents and how I became aware of its existence.

Last year I had the privilege to attend an event where Dennis Miller and Mr. George Lutz presented this wonderful idea of honoring and remembering our countries fallen. It all began when Mr. Lutz's son 'Tony' was killed by a sniper's bullet while on patrol in Fallujah, Iraq on December 29, 2005. After the funeral Mr. Lutz visited families who also lost their loved ones. He began to sense that he had joined the ranks of a unique fellowship that originated with the American Revolution, when the first American soldiers shed their blood for our freedom by giving their lives.

He also learned many families of the fallen heroes wanted to know two things: their sacrifice was not in vain and the nation would never forget. These concerns led Mr. Lutz to arrive at a universally recognized public symbol specifically acknowledging our Armed Forces members that never made it home. In his quest to discover a representation of this idea he found there was no appropriate symbol. This then began the idea of Honor and Remember and what best presents this thought but to design the Honor and Remember Flag you now see flying at our California Yacht Marinas.

The goal here is for the flag to be congressionally and militarily sanctioned as a permanent symbol to fly continuously in eternal honor and remembrance of our fallen military men and women. By the way each detail on the flag symbolizes an important part of the overall flags message.

For more information: [www.honorandremember.org](http://www.honorandremember.org).  
We most heartily support this idea and what it represents.  
Thank you,

*Gerald Thomas*

## The Fun Never Ends @ CYM!



## Carving Creativity



What a successful afternoon. A huge Thank You to all the CYM family members who were able to come and enjoy the lunch and at the same time support the children in the pumpkin carving contest. As you can see on page one we had a great turnout awesome weather and we saw some funny, scary, and creative looking pumpkins! They were all so good that we couldn't choose a winner! So congratulations to ALL participants!

## Cook Aboard

For those who might be tempted to go cruising there is a really useful new website that you can go to, [www.TheBoatGalley.com](http://www.TheBoatGalley.com) which is devoted to galley tips and solving common problems faced by cruising cooks. You no longer have to eat spam and corned beef in cans while cruising the high seas gourmet food is now the way to go!

## Stay Current!

Please remember that **All** Registered boats with the DMV will need to renew their registration on or before 12/31/2011. The Marina Office needs to have a copy for our files per our master lease with the Port of Los Angeles.



Please be courteous to your fellow boaters. Don't hoard the carts at your slip filled with personal gear or in some cases debris. When you use a cart return it to the designated areas.

**THANKS!**

## GREEN FLASH

### RED TIDE



Sometimes you're in the right place at the right time. Friday, October 7<sup>th</sup>, while racing in the San Diego to Ensenada race, was one of those days. The day began under sunny skies with winds blowing an ideal 10-12 knots. The further down the course we sailed, the greater the wind speed putting us on a time table to finish in Ensenada in record time. As we sailed on, we were treated to a pod, not more than 200 yards away, of blue whales (the largest mammals on earth) breaking the surface of the water. The sound of their blow as they rise up to take a breath is as big as their bodies. As sunset approached, we anticipated the conditions were perfect to be a *green flash* type of day and sure enough, just as the sun sank below the surface of the water, not only was

there a green flash, but it was the largest one I've ever seen, and it lasted a long time, long enough for a wave to crest and obscure it before it disappeared. With the sun having set, it wasn't long before an almost full moon rose. There's nothing much more beautiful than sailing at night, with good wind, and a full moon shining through a big, blue spinnaker to light the way. But, as if all of this wasn't enough, there was a red tide running that day. With the red



tide came the microscopic organisms which create bioluminescence in the water. The phosphorescent water, lit by our bow wake was beautiful. The water continued to be lit up every time there was another boat nearby. Schools of fish swimming lit up the water and appeared as ghosts moving just below the surface of the water. The night concluded with our towing a fellow competitor into the harbor (he'd let his batteries die) and even the tow line in the water looked like a string of lights. So, if you haven't taken your boat out at night recently, this time of year, especially when the moon is full, is perfect.

It was a great day – glad I could share it with you!

Carolyn  
CYM-Chula Vista



## Is Your Vendor Approved And Authorized To Be On The Docks?

As many of you may already know, any vendor working inside the CYM-Wilmington must provide the Marina Office with required documentation before performing work on your boat. We must have a copy of their liability insurance and a signed Maritime Agreement. This requirement needs to be met, otherwise, they will not be let in and this delays their day as well as the work that needs to get done on your boat! In addition, remember that we do not recommend vendors, they have only been approved to work in the Marina by giving us the required documentation. It is up to you to decide who you would like to hire to work on your boat.

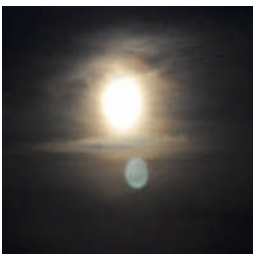
## Real-time Weather

Real-time Weather updates can be had at your finger-tips via satellite, VHF or cell phone. But on the water, the fore-cast doesn't always jibe with what you see and hear. Use these tips to make your own call. As the song goes, you don't need a weatherman to know which way the wind blows.

- **Smoke on the water** If you're within sight of a ship, tug, or onshore factory, take a look at how the smoke trails from the stacks (right). If it falls flat or sinks below the top of the stack, it means lowering air pressure can no longer support the heavy soot particles, the sign of an approaching storm.



- **Moon Shadow** The night before your trip or if you're over-nighting, take a look at the moon. Is there a halo? Rings around the moon are caused by ice crystals in high clouds that precede a low-pressure system, which means rain is probably on the way. This works with the sun too, but it's harder to see.



## A Note From The Dockmaster

Many people will not be seeing their precious possession for some time. However, before you hang it up for the season, please make sure your tie lines are good, boat covers are fastened correctly, boat plugs are in boats up on hoists, and gas lines are disconnected from outboard engines. Also, with the temperatures cooling, it is time to plan for winterizing your boat. Remember boat mechanics will get overloaded with last minute requests, so don't be last on the list. It may be too late. Remember, **SPACE HEATERS CANNOT BE LEFT ON UNATTENDED.**

Please take a moment to read the article entitled "*Green Flash—Red Tide*" on page 2. This article came from Carolyn, she is the Office Manager at our sister CYM in Chula Vista. Carolyn is an avid boater and a racing enthusiast, I think you will find her account of her most recent voyage quite interesting, *enjoy!*

I'd like to thank Tony, Charles and Gavin, they work hard year-round to keep improving our beautiful Marina buildings and all the docks. Working outdoors under the elements and service with a smile is not always easy. It is hard and endless work that we sometimes overlook.

As always, I want to appreciate Eric for all his help in keeping the marina safe and clean. Last, I thank JoAnn for keeping our office clean and for answering the continual phone calls we had throughout the summer, along with working the store. Our team's behind the scenes work keeps our customers happy and coming back for more. To all, thanks for making our lives easier!

As for Marcy and I, we look forward to winding things down but we thank all of you again for your continued loyalty. Enjoy your fall and winter and please don't be a stranger to us.

On behalf of myself and the staff in the CYM-Wilmington I would like to take this opportunity to wish you all a happy and safe holiday season and a happy new year filled with lots of personal luck and pleasure and many sunny hours and good sea!!!

Sincerely,

*Anthony Del Rosario*



## CYM-Wilmington Offers Free Wi-Fi

Our wireless internet is up and running at CYM-Wilmington. As a courtesy to your neighbors we ask that you use this free service for e-mails and basic web browsing only. Downloading marine software and other files slows the network to the point that others have difficulty using it. If you are experiencing difficulty connecting keep in mind that all of the masts cause interference, try connecting in a different location or call the WI-FI provider to upgrade to a faster plan.

# \$50.00

CYM-Wilmington is looking for a few **25' to 70'** boats. If you know someone who's just purchased a boat or who's looking to make a change and they have never berthed with us before, suggest they consider **CYM Wilmington**. If they mention your name and stay with us for at least 3 months, we will pay you a \$50.00 bounty. Call our marina office today!

**310-834-7113 or 310-834-7916**



## Caring for Your Catch

Anglers love to debate the table qualities of their favorite quarry. In truth, the way a fish is treated after capture makes as much difference to its taste as its species. Here's how to keep the best flavor in your catch:

- **Belly Rub 'em**—Fish go dormant when you hold them upside down. If you can flip them over and hold white side up, they'll hold still while you de-hook them.
- **Thumb' em**—Administering a solid thump at the back of the head with a fish billy prevents the fish from flopping as much and bruising the meat.
- **Shoot' em**—Your fish will never look better, so take photos ASAP, before its colors fade.
- **Slash' em**—Blood and entrails begin spoiling immediately. Remove the fills and make a cut under the chin and at the base of the tail to "bleed" your catch. Gut it, if time permits.
- **Stash 'em**—A cooler with ice is best. For one thing, chilled flesh is stiffer and makes filleting easier. Pack the body cavity with ice and don't allow fish to lie in the melt-water at the bottom.

## Dock Talk

Published bi-monthly for CYM-Wilmington members. The mission of Dock Talk is to keep California Yacht Marina members abreast of the "goings on" at our location and the surrounding boating community.

If you have any comments or suggestions for upcoming features, please contact our Marina Office at:

**310-834-7113**

or email us at:

[slips@cymwilmington.com](mailto:slips@cymwilmington.com)



**California Yacht Marina**

### Cabrillo Marina

224 Whalers Walk  
San Pedro, CA 90731  
(310) 732-2252

### California Yacht Marina

**Chula Vista**  
640 Marina Parkway  
Chula Vista, Ca 91910  
(619) 422-2595

### Glorietta Bay Marina

1715 Strand Way  
Coronado, CA 92118  
(619) 435-5203

### Port Royal Marina

555 North Harbor Drive  
Redondo Beach, CA 90277  
(310) 376-0431

### California Yacht Marina

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[californiayachtmarina.com](http://californiayachtmarina.com)